

**Activity 1:  
Find the Problems**

Describe the problems you see in this image of food being transported.



- Peanuts are touching the rice and could contaminate the rice.
- Wheat flour is on top of the rice and could contaminate the rice.
- Wheat flour is next to a wheat-free product and could contaminate the product.
- Milk is dripping onto the carrots and peanuts.
- Fish is on top of the broccoli and could contaminate the broccoli.



**Activity 2:**  
**Which is Which?**AVOID A **REACTION**  
BY  
TAKING **ACTION**

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Which of these soy sauces is **safe** for someone with a soy allergy, and which is **safe** for someone with a wheat allergy? Draw a line to match the soy sauce that is safe for the particular food allergy.

