

Foodborne Viruses: Know the Facts

- According to the Centers for Disease Control and Prevention (CDC), each year viruses make up more than half of foodborne illnesses.

Foodborne illnesses due to viruses are increasing.

Managers and foodhandlers must know the facts about foodborne viruses and how to prevent the spread of two key viruses: Norovirus and hepatitis A.

Weekly Activities

Week 1: Foodborne Viruses: Know the Facts

Week 2: Norovirus

Week 3: Hepatitis A Virus

Week 4: Preventing the Spread: Handwashing

Week 5: Preventing the Spread: Employee Illness

- **Norovirus and hepatitis A** are the two most common viruses that cause foodborne illness.

- **Infected foodhandlers may contaminate any food.** However, the most common food that can be contaminated is ready-to-eat food, such as deli meats, produce, and salads.

- **Foodhandlers infected with Norovirus or hepatitis A** can contaminate the food they prepare for customers.

- **People who eat or drink contaminated food** can become ill with a foodborne virus.

- **Norovirus and hepatitis A are highly contagious.** Only a small amount of the viruses are needed to make people ill.

- **The most common symptoms** of Norovirus and hepatitis A are vomiting or diarrhea.

- **Have a plan in place** to encourage your employees to report symptoms of vomiting or diarrhea.

- **Proper handwashing is the key** to preventing the spread of Norovirus and hepatitis A.



PREVENT CONTAMINATION OF FOOD BY VIRUSES

Wash hands with soap and water

- after using the bathroom.
- before and after preparing food.

Week 1: Foodborne Viruses: Know the Facts

manager

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Virus Symptom or Not?

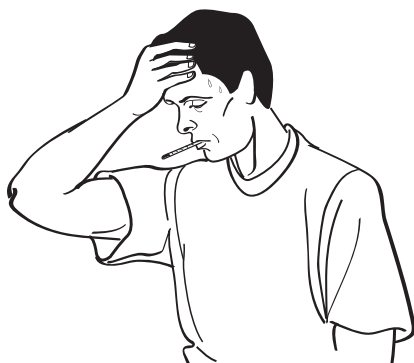
Directions: Circle the pictures below that are symptoms of a foodborne virus.



Vomiting



Sore throat



Fever



Diarrhea

Fill in the Phrase

Directions: Unscramble the answer to each clue and write it in the boxes provided. Fill in the secret message using the number under each box to find the right letter.

1. The key to preventing the spread of Norovirus and hepatitis A is:

REPORP DNAHSAWGIN

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1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

2. If you have symptoms of vomiting or diarrhea, before going to work you should do this:

LETL UOYR GANERMA

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18 19 20 21 22 23 24 25 26 27 28 29 30 31 32

3. Norovirus and hepatitis A are the two most common:

USVRISE

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33 34 35 36 37 38 39

Secret Message:

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11 27 39 7 22 3 36 2 7 29 16 10 37