

Proper Ways to Cool and Reheat Food Quiz Sheet

Name: _____ Date: _____ Score: _____

TRUE OR FALSE

T__ F__ 1. Hot food should be cooled quickly to get it through the temperature danger zone.

T__ F__ 2. Refrigerators are designed to cool hot food quickly.

T__ F__ 3. Before cooling food, reducing the size will allow it to cool faster.

MULTIPLE CHOICE

_____ 1. Which of the following is an improper method for cooling a large pot of chili?
a. Stir the chili with plastic ice paddles.
b. Place the pot of chili into an ice water bath.
a. Place the chili into a blast chiller.
b. Place the pot of hot chili into a refrigerator.

_____ 2. Food that will be hot-held must be reheated to an internal temperature of
a. 135°F (57°C) for 15 seconds within two hours.
b. 145°F (63°C) for 15 seconds within two hours.
a. 155°F (68°C) for 15 seconds within two hours.
b. 165°F (74°C) for 15 seconds within two hours.

_____ 3. Which of the following is an improper method for cooling a large pot of chili?
a. Using an ice-water bath.
b. Stirring it with plastic ice paddles.
a. Placing it in a blast chiller.
b. Placing it directly into a refrigerator.

Proper Ways to Cool and Reheat Food Answer Sheet

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