

Counting Drinks



Counting drinks can be an effective way to monitor a guest's intake of alcohol and assess a guest's intoxication level. You should begin counting drinks as soon as the guest places his/her first order.

You can then estimate a guest's Blood Alcohol Content (BAC) by following these steps:

1. Count the number of standard drinks a guest consumes
2. Estimate his or her approximate weight
3. Use the BAC charts found in ServSafe Alcohol to calculate the guest's BAC

This will help you estimate how many drinks a guest can safely consume.

Use the following to measure 1 standard drink:

- **5 ounces of wine**
- **12 ounces of beer**
- **1.5 ounces of 80-proof liquor**
- **1 ounce of 100-proof liquor**

