## Counting Drinks Using Standard Measures



5 ounces of wine
(Domestic wine
12\% alcohol)


12 ounces of lbeer
(American lager
4-5\% alcohol)

$11 / 2$ ounces of
80-proof
liquor


1 ounce of 100-proof liquor

DISTILLED LIQUOR

| PROOF | AMOUNT IN ONE DRINK |
| :---: | :---: |
| 100 | 1 ounce |
| 80 | 1.5 ounces |
| 40 | 2.5 ounces |


| TYPE | AMOUNT IN ONE DRINK |
| :---: | :---: |
| Beer | 12 ounces |
| Wine | 5 ounces |
|  |  |

